

<b>CLASS</b>	<b>AGES</b>	<b>LENGTH &amp; FREQUENCY</b>	<b>DESCRIPTION</b>	<b>COST</b>
<b>BABY AND ME ROLLERS</b>	INFANT ROLLERS	1 HOUR ONE TIME A WEEK	This class provides a safe, positive and fun environment where a caregiver and young child can exercise together.	\$40/month
<b>TODDLER AND ME JUMPERS</b>	WALKERS – 2YRS OLD	1 HOUR ONE TIME A WEEK	This class provides a safe, positive and fun environment where a young child can work on balance, coordination and body awareness.	\$40/month
<b>PRESCHOOLER AND ME TWISTERS</b>	3YRS OLD – 4YRS OLD	1 HOUR ONE TIME A WEEK	This class provides a safe, positive and fun environment where preschoolers can begin basic tumbling techniques and start the perfection towards progression philosophy.	\$40/month
<b>EVENING TOT TUMBLING</b>	3YRS OLD- 5YRS OLD	45 MINUTES ONE TIME A WEEK	Intro to tumbling class in a safe and fun environment where the young child is working with a qualified coach.	\$35/month
<b>STORM SUPERHERO TRAINING</b>	3YRS OLD- 8YRS OLD	45 MINUTES ONE TIME A WEEK	Work on your strength, speed and agility in a safe and exciting training facility. Run obstacle courses and earn your SUPERHERO STATUS!	\$35/month
<b>TUMBLING CLASSES BY LEVELS</b>	6YRS OLD AND UP	30 MINUTES ONE TIME A WEEK	Come and work with certified coaches and level up your tumbling skills. We offer classes for level 1, level 2 and level 3-5.	\$30/month
<b>DAYTIME PLAYTIME</b>	16 MONTHS - 5 YRS OLD	1 HOUR DROP IN SESSIONS	Youngsters are free to roam about the gym and try out different stations with a caregiver present. An instructor will be available to monitor stations and answer questions.	\$5/session
<b>DROP IN TUMBLING</b>	5YRS OLD – 8YRS OLD	1 HOUR DROP IN SESSIONS	Young athletes can come in and work on tumbling technique under the close supervision of a trained instructor.	\$5/session
<b>OPEN GYM</b>	9YRS OLD AND UP	1 ½ HOUR DROP IN SESSIONS	Athletes can come in and work skills on their own with a qualified instructor present to answer questions and assist when necessary.	\$5/session
<b>RISING STARS CHEERLEADING</b>	3YRS OLD – 14YRS OLD	1 HOUR ONE TIME A WEEK	All of the fun and excitement of All Star Cheerleading with a fraction of the cost and time commitment. Learn stunts, jumps, tumbling and dance skills. Perform for a crowd!	\$45/month \$45 uniform and bow

<b>STORM TROUPERS POMS</b>	3YRS OLD- 14YRS OLD	1 HOUR ONE TIME A WEEK	All of the fun and excitement of All Star Poms Team with a fraction of the cost and time commitment. Learn leaps, turns, trcks and dance skills. Perform for a crowd!	\$40/month \$45 uniform and poms
<b>JUNIOR HIP HOP SHOCK SQUAD</b>	6YRS OLD – 11YRS OLD	1 HOUR ONE TIME A WEEK	Work beginner and intermediate hip hop skills. Learn and perform a fun and appropriate routine with a studio trained, professional dance instructor.	\$40/month \$15 for Tshirt
<b>SENIOR HIP HOP ELECTRIC DANCE CRUE</b>	12YRS OLD – 18YRS OLD	1 ½ HOURS ONE TIME A WEEK	Work intermediate to advanced hip hop skills. Learn and perform an exciting and appropriate routine. Work with a studio trained and award winning dance instructor.	\$50/month \$15 for Tshirt
<b>HIP HOP FITNESS FUN</b>	18YRS OLD AND UP	1 HOUR TWO TIMES A WEEK	Hip Hop for the adults! Come get your groove back and have fun learning energetic and exciting choreography, all while working up a sweat and getting fit!	\$50/month